

Our favorite
picks of all the
good stuff in
and around
Berkeley Springs



FIELD GUIDE

CAUTION: SHAMELESS SELF PROMOTION

GET STOCKED
at

Come say hi!
THURS-SAT 11-6
SUN 10-4

Creekside
PROVISIONS + SUPPLIES

FRESH SALADS // SMOOTHIES // SANDWICHES // CRAFT BEER + WINE
SOURDOUGH + BAKED TREATS // LOCAL ART // IN-HOUSE DESIGNED APPAREL // CURATED GOODS + FINDS



123 CONGRESS STREET
(RIGHT BEHIND THE LIBRARY!)

GOOD EATS + CURATED THINGS
to slow down and enjoy life at the Springs

WWW.CREEKSIDEPSWV.COM



THE BEST EATS

+ LOT 12 PUBLIC HOUSE +

Location

117 WARREN ST,
BERKELEY SPRINGS, WV

Notes

If you have one meal in Berkeley Springs, this is the spot. It's where we take anyone coming into town for that special experience, and it's worth every bite. If you're celebrating something (or just love good food), this is a can't-miss. **Open Thurs-Sunday** (reservations required: 304-258-6264)

Distance

No.

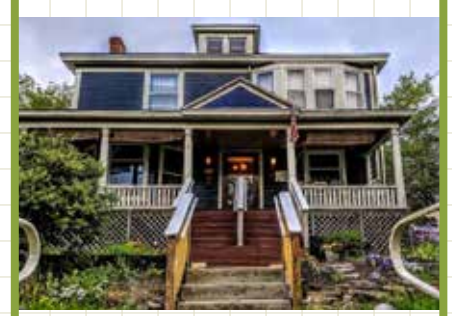
10

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ CACAPON MOUNTAIN BREWING +

Location

42 WILLIAMS ST,
BERKELEY SPRINGS, WV

Notes

Hands down our favorite brewery. You will most likely find us right here. A gorgeous taproom, with a broad variety of brews, and a limited menu (but excellent food). Service is bar none. Some outdoor seating, and fantastic music some nights (check their Instagram) **Open Thurs-Sunday**

Distance

No.

8

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ MARY'S VEGETARIAN (ish) CAFE + BISTRO +

Location

42 INDEPENDENCE STREET
BERKELEY SPRINGS

Notes

Some of the most creative food in town. Fresh, local ingredients, primarily vegetarian, with some meat dishes! Signage outside can be a little confusing to find, but once you're there, you'll thank us! **Open Thurs-Sunday** (check hours on Facebook)

Distance

No.

10

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ FAIRFAX COFFEE HOUSE +

Location

23 FAIRFAX ST, BERKELEY
SPRINGS, WV

Notes

Great coffee, breakfast, and lunch. Get one of their homemade biscuits or bagels, and chow down on a wide selection of gourmet sandwiches. **Open daily for break fast and lunch**

Distance

No.

10

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



Hot Tip If you're feeling proactive, call ahead (a week in advance) for their homemade Sin'Amen Rolls (either regular or vegan). They're worth every calorie!



THE BEST EATS

+ RAVENWOOD PUB +

Location

206 MARTINSBURG RD,
BERKELEY SPRINGS, WV

Notes

A quaint, intimate experience of a restaurant. Seating is limited, so you will eat well, and walk away having met new friends. Plentiful beer and wine options, and an ever-changing menu. The amazing owner also plays incredible music!
Open Fri + Sat; reservation only (727-742-8333)

Distance

No.

10

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ NAKED OLIVE LOUNGE +

Location

87 N WASHINGTON ST,
BERKELEY SPRINGS, WV

Notes

A tucked away little lounge that's attached to an olive oil store (which we'd also recommend). Cocktails, wine, and solid dinner food. Music some nights.
Open Friday-Sunday (and late night)

Distance

No.

10

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ CHARLOTTE'S CAFE +

Location

495 S WASHINGTON ST,
BERKELEY SPRINGS, WV

Notes

Really good all-American breakfast and lunch. For the sweet tooth, definitely get some of their homemade pastries. They get pretty packed for breakfast, so get there early!
Open daily (closed Wednesday)

Distance

No.

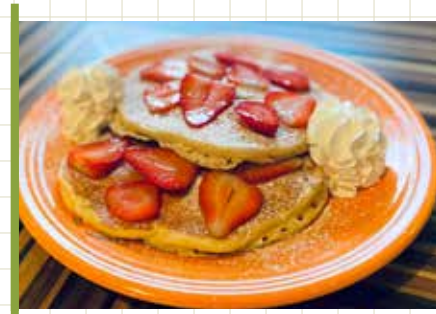
11

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ TONY'S BUTCHER BLOCK +

Location

2880 VALLEY RD,
BERKELEY SPRINGS, WV

Notes

Great local butcher that knows their stuff. Prices are on the higher end, but if you're wanting to cook up your own grub, you'll want to pit stop here for sure. Their pizzas and subs are also a go-to choice for take-out.
Open Tuesday-Sunday

Distance

No.

13

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much





THE BEST EATS

+ THE LAZY SUNDAE +

Location

174 N WASHINGTON ST,
BERKELEY SPRINGS, WV

Notes

Do you love ice cream? Hell—are you a wierdo that hates ice cream? Either way, you’ll love this place. The ice cream flavors are creative and homemade, and their locally sourced lamb/beef burgers are one of the best you’ll have around!
Open Tuesday and Friday-Sunday (and late!)

Distance

No. **8**

hour(s)
 minutes

Kid Friendly?

totally
 debatable
 not as much



+ FLEUR DE LIS CHEESE SHOP +

Location

15 FAIRFAX STREET
BERKELEY SPRINGS

Notes

What better to go with the CPP sunset view than a perfect meat and cheese board? This little family run shop knows their stuff, and they’re always getting in new things to try.
Open Tuesday-Sunday

Distance

No. **10**

hour(s)
 minutes

Kid Friendly?

totally
 debatable
 not as much



+ THE COUNTRY INN +

Location

110 S WASHINGTON STREET
BERKELEY SPRINGS

Notes

This historic hotel has a restaurant inside open every day of the week (which is rare around these parts!). Specials most every night. In the summer, ask to sit out on their lovely patio!
Open Every Day!

Distance

No. **10**

hour(s)
 minutes

Kid Friendly?

totally
 debatable
 not as much



+ MI RANCHITO +

Location

373-399 INDEPENDENCE ST
BERKELEY SPRINGS

Notes

If you’re craving Mexican food, check out this spot downtown. Chips and salsa are excellent, portions are large, and the the margs are almost too big to drink gracefully! This is a good Monday spot, when a lot of restaurants aren’t open.
Open Every Day Except Tuesday

Distance

No. **10**

hour(s)
 minutes

Kid Friendly?

totally
 debatable
 not as much





THE BEST EATS

+ POTOMAC RIVER GRILL +

Location

**4 BLUE HILL,
HANCOCK, MD**

Notes

Classic diner food, done right (all locally raised meat). Always reliable, they are good for a quick breakfast, lunch, or dinner.

Open Wednesday-Sunday

Distance

No.

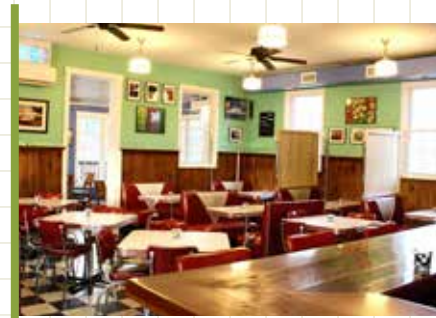
15

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ KRAZY RAYZ BBQ +

Location

**266 N PENNSYLVANIA AVE,
HANCOCK, MD**

Notes

Located inside an antique mall, and very unassuming—but don't let that fool you.

This is damn good bbq.

Open Tuesday-Saturday

Distance

No.

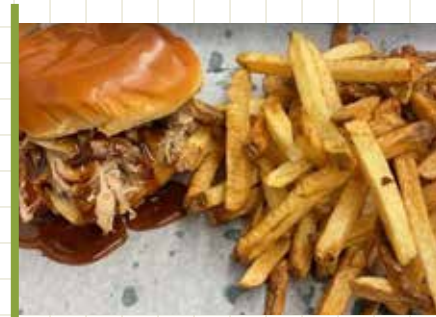
15

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ JIMMY JOY'S LOG CABIN INN +

Location

**7536 MILLSTONE RD,
HANCOCK, MD 21750**

Notes

Need a hard shell crab fix? Look no further. I am a pretty discerning crab eater, and this place is top notch. Unexpected out here? Sure. But we don't question good stuff.

Open Tuesday-Sunday

Distance

No.

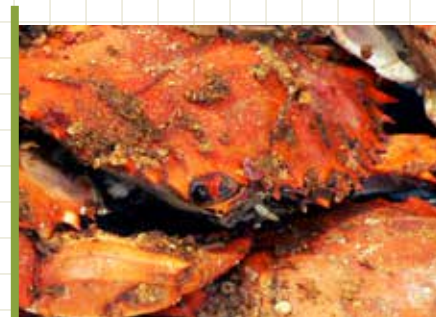
20

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ BUDDYLOU'S EATS, DRINKS, + ANTIQUES +

Location

**11 E MAIN ST,
HANCOCK, MD**

Notes

Often our go-to spot...inexpensive, kid friendly, with tons of outdoor seating and an awesome deck overlooking the C&O canal trail. It has a cool antique store in the basement. Great for brunch, or after a long bike ride.

Open Thursday-Monday

Distance

No.

15

hour(s)

minutes

Kid Friendly?

totally
 debatable
 not as much



+ INSPIRED CHAOS +

47 INDEPENDENCE ST, BERKELEY SPRINGS, WV

If you're looking for...
quirky and awesome gifts // good prices // cool clothing (mostly women) // fun jewelry // a real "local" vibe // the nicest owners



+ MINERAL SPRINGS TRADING CO. +

45 FAIRFAX ST, BERKELEY SPRINGS, WV

If you're looking for...
great kids toys // handmade goods // local art // greeting cards // fantastic original pottery // something a little different // super cool owner // jewelry



+ TRAIL DEPOT +

347 N. WASHINGTON ST, BERKELEY SPRINGS, WV

If you're looking for...
a local outfitters shop with all the gear // knowledgeable, friendly owners // mountain bikes // camping stuff // footwear // adventure advice on what to do and where to go // folding kayaks (!!)



+ MISCHIEF SWEETS + SHENANIGANS +

15 N WASHINGTON STREET, BERKELEY SPRINGS, WV

If you're looking for...
your sugar fix!! // fun, creative displays of candy, sweets, and all the things your mom never let you have before dinner // retro sweetness // interesting, snarky, quirky gifts that will keep you coming back to discover new stuff!



+ HIMALAYAN HANDICRAFTS +

81 N WASHINGTON STREET, BERKELEY SPRINGS, WV

If you're looking for...
feeling like you're in Nepal // high-quality, directly-sourced Nepalese goods // the nicest owner // handcrafted jewelry // singing bowls // Nepalese clothing (I love their hats and gloves!) // incense



THE BEST SHOPS

+ SAGE MOON HERB SHOP +

13 FAIRFAX ST, BERKELEY SPRINGS, WV

Hot Tip
Located right next to the building we are rennovating downtown!

If you're looking for...
organic, herbal, loose-leaf teas // herbal suppliments // some clothing and jewelry // body care products // a knowledgeable, and intuitive owner that can guide you to exactly what your body needs



+ JULES ENCHANTING GIFTS +

13 FAIRFAX ST, BERKELEY SPRINGS, WV

If you're looking for...
a ton of good stuff packed into a teeny-tiny shop // quirky gifts that will give you a good laugh // something a little different // fun stuff for kids // that gift for the someone you have no idea what to get for



+ MAC ICE HOUSE +

INDEPENDENCE + MERCER STREETS, BERKELEY SPRINGS, WV

If you're looking for...
a non-profit dedicated to promoting local art // theater performances // changing artist installations // a co-op gallery featuring local artists' works // FREE yoga on saturdays at 9:00 am in the winter



+ BERKELEY SPRINGS ANTIQUE MALL +

7 FAIRFAX ST, BERKELEY SPRINGS, WV

If you're looking for...
well organized antiques // fair prices // vintage paper goods // glassware // vintage toys + collectibles // friendly staff



+ ALMOST HEAVEN ANTIQUES + UNIQUES +

1771 VALLEY RD, BERKELEY SPRINGS, WV

If you're looking for...
rare finds // furniture // records // clocks // vintage jewelery



THE BEST ACTIVITIES

OR T UP-TO- T
 PP S ROU TOW ,
 S R



+ LIVE MUSIC +

NOTES

Live music can typically be found at numerous locations across the area on most weekend nights—especially in the summer. Options include **Cacapon Mountain Brewing, Country Inn, Naked Olive Lounge, Locust Post Brewery** (about a 30 min drive) and **The Canary Grill**. In the summer, the town has Saturday afternoon concerts in **Berkeley Springs State Park** and Friday night concerts in the **MAC Ice House** sculpture garden!



+ LOCAL SPAS + BATHS +

NOTES

For a list of all the full-service spas—including the **historic Roman Bath House** (pictured)—check out berkeleysprings.com/spas

Our favorite massage spot in town is **Atasia Spa** (41 Congress St)



+ BERKELEY SPRINGS FARMER'S MARKET +

NOTES

Start	End	Time:	Day:
APRIL	DEC	10 - 2	sundays



+ THE STAR THEATRE +

NOTES

An awesome little historic theater (since 1929!) right downtown. Showtimes run Friday through Sunday, and on Tuesdays (\$2 Tuesdays!). You won't find a cheaper ticket around, and their popcorn (served out of a 1949 Manley Popcorn machine). Check their website for any special events, and all that's happening: startheatreww.com



THE BEST ACTIVITIES

+ BLACK CAT MUSIC SHOP +

NOTES

If you're a musician, or music lover, you'll want to pit stop here. Great independent shop with stuff to buy, get something repaired, test something out, sell your instrument, take a lesson, or check out one of their open mic nights.



+ GOOD LUCK STABLES +

NOTES

While not technically in Berkeley Springs, this awesome family-run horse stable is a quick 25 minute drive away (in Hedgesville, WV). They have a small farm with animals, and offer trail rides and lessons with the horses. Call to make a reservation: 240-344-8191



+ BERKELEY SPRINGS STATE PARK +

NOTES

Known as America's first spa, people (including George Washington!) have been traveling to these spring waters for over 200 years. You can **wade in the warm springs** (about 74 degrees year round), **swim in the community swimming pool** (open daily in the summer), **fill up jugs of water** for drinking at the public fountain, and check out the fabled **George Washington's Bathtub**. A small museum highlights the history of the town and is a good spot for history buffs.

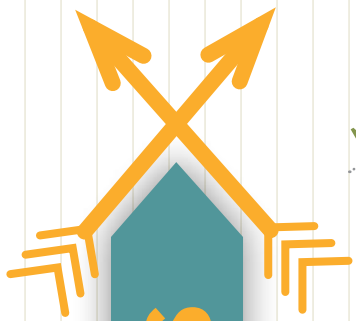


+ FREE YOGA CLASSES +

NOTES

Yep—you heard me—absolutely FREE! The teacher is one-of-a-kind! **In the summer, class is every Saturday at 9am outside on the lawn at BS State Park** (noted above), and **inside the MAC Ice House at 9am** (on the 2nd floor) in the **cooler months**.





THE BEST ACTIVITIES



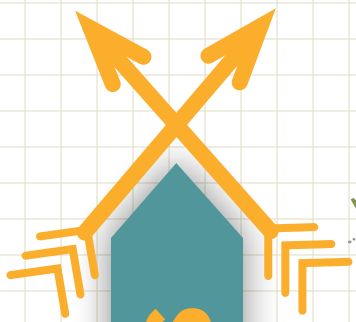
NOTES

+ CACAPON RESORT STATE PARK +

Hands down one of the nicest park facilities in the region. It's about a 20 minute drive from CPP.

- ▶ **HIKING:** Hiking trails abound in the park! Two of our favorites include the 1.5 mile **Ridge Trail** and the 5 mile **Ziller Loop**.
- ▶ **MOUNTAIN BIKING:** Not to be missed if you're a mountain biker!! Over 25 miles of world-class mountain bike trails (and 30 miles more planned!) for all styles of riding—including cross-country, downhill, endure, greenway, and back-county rides.
- ▶ **GOLF:** A Robert Trent Jones designed championship golf course! There's also a driving range if you don't feel like playing the full 18.
- ▶ **LAKES:** Two lakes are located within the park and offer swimming, boating, and fishing. There's a great little beach area/snack shack at the main one. **FISHING** is allowed at both (but be sure to get a WV license first).
- ▶ Everything else...
 - NATURE CENTER**
 - SKEET SHOOTING RANGE**
 - TENNIS**
 - PICNIC AREAS**
 - HORSEBACK RIDING**
 - NUMEROUS PLAYGROUNDS**
 - FULL SERVICE LODGE** (w/ restaurant and bar)





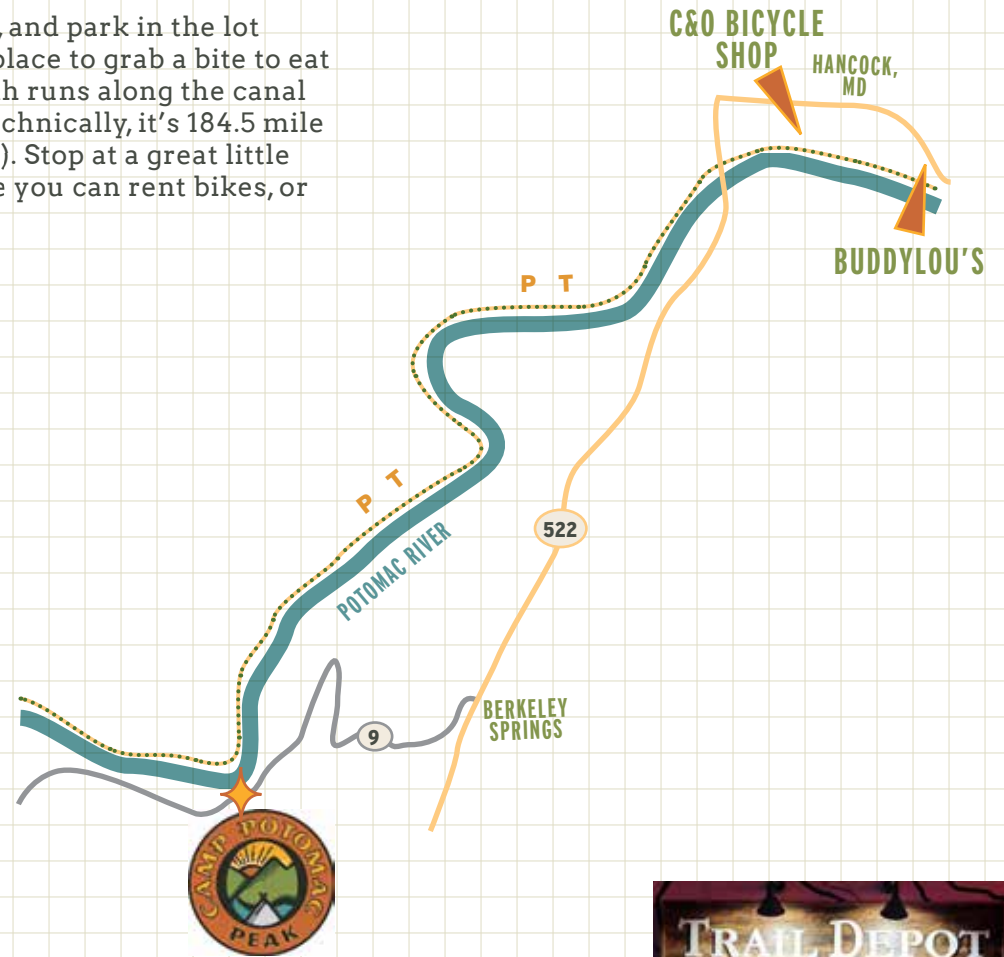
THE BEST ACTIVITIES



+ C&O CANAL BIKE PATH +

NOTES

Drive 15 minutes to Hancock, MD, and park in the lot right next to Buddylou's (a great place to grab a bite to eat before or after your ride). The path runs along the canal for as far as you want to take it (technically, it's 184.5 mile long from DC to Cumberland, MD). Stop at a great little bike shop—**C & O Bicycle**—where you can rent bikes, or get yours tuned up.

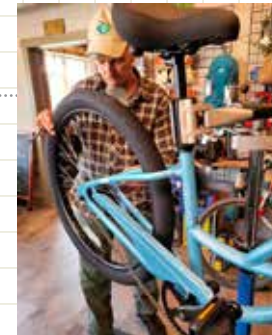


+ TRAIL DEPOT +

NOTES

347 N. WASHINGTON ST
BERKELEY SPRINGS, WV

You'll really want to make a pit-stop at this amazing independent outdoor store right at the edge of town. For biking, hiking, paddling, or camping—they've got you covered! They often hold events, let you try out equipment ("Try-It-Tuesdays"), offer mountain biking classes, group meet-ups, and will soon be offering shuttle services to access the area's outdoor fun!



THE BEST ACTIVITIES

+ FLOAT OR BOAT THE RIVER +

NOTES

Hands down our favorite thing to do in the summer is grab a tube, throw a cooler in another, and float these beautiful waters. If you don't want to pack all the gear, or figure out the put-in/pull-out spots (see below under "Cacapon River"), then let **Cacapon River Outfitters** (cacaponriveroutfitters.com) handle all the details! If you're bringing your boat/board/tube and want more specific suggestions, **email us** (camppotomacwv@gmail.com)!



+ POTOMAC RIVER +

NOTES

Camp Potomac Peak overlooks a beautiful stretch of the Potomac, which can be easily accessed on the Maryland side—in either Hancock, MD (a 15 minute drive) or upstream at multiple access points along the C&O Canal. This stretch of the Potomac provides great fishing and paddling.



+ CACAPON RIVER +

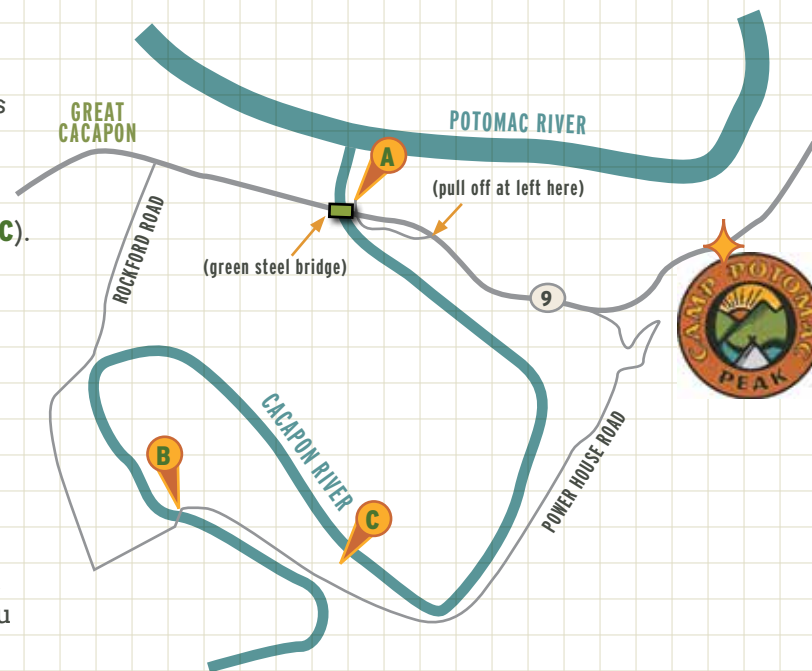
NOTES

Well described as one of the cleanest rivers in the country, the Cacapon River flows within a few miles of CPP, and is easily accessible for **fishing, wading or swimming, tubing, and kayaking**. Public access points include under the green steel bridge just a mile west of the property along Rt. 9 (A), at the low water bridge off of Rockford Road (B), and at the abandoned power station along Power House Road (C). More information can be found online by searching *Cacapon River Trail*. The fishing is incredible on the Cacapon—smallmouth, bluegill, and catfish are regularly caught on traditional and fly tackle.



Hot Tip

Sound like a local, and make sure you pronounce it: "ka-kay-pin"



THE BEST ACTIVITIES

+ OUR FAVORITE HIKING SPOTS +

NOTES



POSTPR
 This is the number one place we tell people they need to check out. Gorgeous, well marked, multiple trails. Check their website for more info, or find a park map in each unit!



OOTPRS
 Very likely you'll be the only one on the trails, as it's never busy! At the very top of the hill, you'll come across the ruins of the original stone home. Note: closed for hiking during hunting season (late Oct-Jan)
potomacaudubon.org/preserves/eidolon



PWPWTU
 More of a long walk, but just as cool. Bring a flashlight for the parts inside the tunnel! Check the Park Service website before you go, as they've been doing some work on the tunnel.



MP POTOM P
Coming soon
 Once we finish all the units on the property, we plan to clear out some short walking paths through our own backyard...

SOS (not shown on map)
 This is about a 40 min. drive east of the property, and the hike takes about 1.5 hours up and back (3-ish miles). Great views from the top!

for good brews...



+ CUSHWA BREWING +

WILLIAMSPORT, MD

Located in an unassuming industrial park, this place is quite the surprise. Incredible beers, cool interior, outside patio area, and some of the best pizza you'll have (**Rad Pies**). You could technically bike the C&O path all the way there (3+ hrs), or you could drive and spend those hours drinking beer and eating pizza.

DRIVE TIME

No. **40**

minutes hour(s)



+ AMANI BREWING +

HEDGESVILLE, VA

The beer—what can we say...you will probably be back. Dog friendly, kid friendly, giant outdoor space, music nights, amazing owners, and food trucks. Check their website for fun, special events...they're always doing something! We get here whenever we can.

DRIVE TIME

No. **35**

minutes hour(s)



+ LOCUST POST BREWERY +

LITTLE ORLEANS, MD

Located on a gorgeous plot of land, their beer is solid, and they serve pizza and pretzels. The space has an eclectic mix of funky artwork (made by the owner!), with a huge outdoor area. Go for their live music weekly! Then, stop by **Oak Barrel Cafe** on your way home...you'll never look at gas stations the same way again.

DRIVE TIME

No. **30**

minutes hour(s)



+ VIBRISSA BREWERY +

WINCHESTER, VA

From the outdoor beer garden space, to the super hip interior, to the branding, to the brewing crew—you had me at hello, Vibrissa. Aesthetics and vibe aside, the beer is bar none. And their house-made sourdough pizza...skrrrrrrt, full stop.

DRIVE TIME

No. **50**

minutes hour(s)



WORTH THE DRIVE



+ MACK'S BINGO KITCHEN +

WARDENSVILLE, WV

Honestly, if you take one mini road trip, to go to one restaurant—THIS. IS. IT. Jeff and I find every excuse to go here whenever we can. Recently, it was named the best new restaurant in WV, and it certainly lives up to the accolades. Their mission alone is enough to make anyone *need* to go.

DRIVE TIME

No.

1

minutes hour(s)



+ FARMER'S DAUGHTER +

CAPON BRIDGE, WV

This place wins awards like it's nothing. Want to taste one of the best burgers you've ever had? This is it. Part butcher, part take-out, part gourmet grocery...just...just go there. You're welcome.

DRIVE TIME

No.

45

minutes hour(s)



+ THE RIVER HOUSE +

CAPON BRIDGE, WV

Very cool art space, music venue, and coffee shop. Great breakfast and lunch spot located alongside the Cacapon River, with plenty of outdoor seating. Check their website for upcoming events.

DRIVE TIME

No.

45

minutes hour(s)



WARDENSVILLE GARDEN MARKET

WARDENSVILLE, WV

This is so much more than just one of the coolest bakery/farm markets you'll visit. They're an organic food and farm-based nonprofit that makes it their mission to employ and educate local youth. Basically, they're awesome. And their cinnamon buns...Cinnabon who?

DRIVE TIME

No.

1

minutes hour(s)





GLEN BURNIE GARDENS & TRAILS

WINCHESTER, VA

If you love gardens, this is a can't-miss. Surround yourself in acres of gorgeousness—through roses, vegetables, art installations, a Japanese garden, and flowing water features. Also on property are 90-acres of trails for walking/running/biking (dogs welcome!). There is admission to get inside the museum on site, but the gardens and trails are all free!

DRIVE TIME

No.

1

minutes hour(s)



+ PAW PAW TUNNEL +

OLDTOWN, MD

Part of the Chesapeake & Ohio Canal National Historical Park, you can take a walk through this pretty incredible engineering feat. It gets a little chilly in there, so dress appropriately, and bring a flashlight!

DRIVE TIME

No.

35

minutes hour(s)



+ WHITETAIL SKI RESORT +

MERCERSBURG, PA

Closest spot to get some winter turns in. Snow tubing is also available for the whole fam.

DRIVE TIME

No.

40

minutes hour(s)



+ JUNKWORKS ANTIQUES +

HAGARSTOWN, MD

If you're in town for some antiques, mid-century retro goods, vintage clothes, perfectly re-purposed stuff, or just about anything Jeff and I will drool over, this is a CANT MISS kinda place. It's our favorite antique store ever! Open Sat + Sun only.

DRIVE TIME

No.

45

minutes hour(s)



+ LOST RIVER TRADING POST +

WARDENSVILLE, WV

Amazing local arts, espresso bar and bakery, vintage market, fantastic antiques, local wine and craft beer, and art gallery—think general store with a whole lot of funk. It's super cool, and well worth the drive.

DRIVE TIME

No.

1

minutes hour(s)





CAMP SUPPLIES

NOTES

+ COMMUNITY GARDEN MARKET +

**148 N WASHINGTON ST,
BERKELEY SPRINGS, WV**

Imagine Whole Foods before it was Whole Foods. Everything you'd need for a weekend is here, and then some. Organic, family run, local stuff...you know the drill. We try to fill up here whenever possible!

NOTES

+ FOOD LION +

**70 MORGAN SQUARE,
BERKELEY SPRINGS, WV**

Very clean and organized, and all you'll need for the weekend's grocery trip.

NOTES

+ DORIS'S DELI +

**5210 CENTRAL AVE,
GREAT CACAPON, WV**

Closest convenience store to CPP (about a 5 minute drive, headed towards Great Cacapon) with some basic goods and a pretty decent beer selection. There is also a 7-11 about a 10 minute drive in the opposite direction.

NOTES

+ HUNTER'S HARDWARE +

**115 INDEPENDENCE ST,
BERKELEY SPRINGS, WV**

Quintessential old school hardware store (it has been open for over 100 years!). Even if you're not in need of screws or a hammer, you'll probably walk out of here with something. Or, if you're like us, you'll walk out with something, and then an hour later, realize the 10 other somethings you should have grabbed.

